President's Message



Best wishes to all of you and your families for a safe and happy Independence Day.

As veterans, we each can take great pride in the freedom and prosperity that the citizens of our great nation enjoy. The work we've done has helped make it so. Nothing we see on television or read in newspapers or online can dent the real success of the United States of America. We tower over other nations in power, strength, justice, and freedom. It is our job as the Air Force Association to help keep it that way.

Congratulations to Christy Katz, the chapter secretary who found and nominated our Teacher of the Year, Nic Ward from the First Assembly Christian School in Ocala. It goes without saying that we also extend our congratulations to Mr. Ward for his work in teaching science, technology, engineering, and math to his students. That is what the award is all about: producing students and eventually adults who can carry on the knowledge and technological edge that the United States enjoys.

Of course, who knows but some of these students who excel in STEM eventually will join us as airmen and guardians. We have an example in our chapter in the son of Dale and Christy Katz. Christopher Katz will be a first class cadet at the Air Force Academy this fall. "We are extremely grateful for the AFA's support of Civil Air Patrol and for creating CyberPatriot. All three organizations were instrumental in paving his pathway to the Academy," Dale said.

As you probably know from the state AFA newsletter, The Spirit, AFA Florida will hold its annual convention July 23-24 in Jacksonville. All chapter members are welcome to attend, but it is best to register in advance. Contact me (BenALanger@aol.com) for a registration form, find it in The Spirit, or talk to Ernie Webster, ernestwebster2@aol.com, 904-724-8782 in Jacksonville. Discussion at the state convention

(cont.)

UPCOMING EVENTS

July 4 – Freedom Run 4 mile and 1 mile walk, Marion County Veterans Park, 0730

July 15 – Chapter 136 monthly meeting, Ocala Airport Terminal, 1900

July 23-24 – AFA Florida State Convention, Jacksonville, FL

August 19 – Chapter 136 monthly meeting, Ocala Airport Terminal, 1900

September 11 – 9/11 Memorial Program, Marion County Veterans Park, 1000

September 17 – POW/MIA Recognition Program, Marion County Veterans Park, 1100

usually includes a presentation on the state budget (which has been solid) and talk of the status of AFA locally, statewide, and nationally, particularly with regard to membership and funding. AFA's Governance and Bylaws Committee has developed a "path for recommended updates to our governance to best support and strengthen our AFA of tomorrow." We will learn in Jacksonville what that path entails. I plan to be there to listen, learn and pass along what I can.

State planning at the convention also usually involves an opportunity for chapters to volunteer to host a state convention. In recent memory, Red Tail Memorial Chapter 136 has hosted the state convention with great success twice: in 2015 and again in 2019. A question at our chapter meeting coming up at 7 p.m. Thursday July 15 in the conference room at Ocala Airport is this: should we offer to host the state convention again? Please come to join in the discussion.

Thank you for your service, be proud and

Aim High!

Ben Langer

LOCAL NEWS



Update: This is the construction site of the new Ocala VA Health Clinic on June 30. It is projected to open in September 2021. It will include Primary Care, Mental Health, Optometry, Audiology, Podiatry, Clinical Pharmacist, Social Work, and Telehealth along with 350 parking spaces. The location is behind the RaceTrac gas station on SW Hwy 200, 1.4 miles from I-75.



Tuskegee airman **Cornelius Davis** passed away in Gainesville on June 1. Davis was an aircraft armorer in WWII. He had turned 100 on March 12.



CYBERPATRIOT XIII

By Dale Katz



Civil Air Patrol Marion County Composite Squadron (SER-FL-361) had another outstanding year in CyberPatriot, the National Youth Cyber Defense Competition. The team finished 1st in the state of Florida among all JROTC and Civil Air Patrol teams and 12th in the nation among all Civil Air Patrol teams. This is the squadron's 5th year competing in CyberPatriot, which recently wrapped up its 13th season. Team captain and Windows specialist, Cadet Ian Price, did an exceptional job leading the team. Cadet Price, a home-school senior in high school, has been in the program for four years and his leadership was instrumental in both keeping the program running and inspiring the other cadets to excel. Cisco specialist Cadet Ryan Bos, in his second year of competition, consistently scored among the very best in the nation. An incredible achievement as a freshman at Forest High School, studying the most difficult material in the competition. Linux specialist Cadet Emmett Roberts, also did exceptionally well, consistently scoring among the best in the nation, as a home school freshman. Windows specialist Cadet Alicia Cajamarca rounded out the team with solid leadership and commitment, adding significant strength as the competition intensified late in the season. Cadet Cajamarca is a home-school sophomore.

The team is coached by Civil Air Patrol 1st Lt Dale Katz, 1st Lt Lisa Melendy, and 2d Lt Christy Katz. 1st Lt Katz and 2d Lt Katz are both members of the Air Force Association's Red Tail Memorial Chapter 136, which has been supporting the squadron for many years. The Red Tail Memorial Chapter helped establish Marion County Composite Squadron's CyberPatriot program through its liaison to Civil Air Patrol, 1st Lt Katz. The team has consistently finished in the top three in the state among JROTC and Civil Air Patrol teams, taking 1st place twice.

CyberPatriot was created by the Air Force Association to inspire K-12 students toward careers in cybersecurity or other science, technology, engineering, and mathematics (STEM) disciplines critical to our nation's future. At the core of the program is the National Youth Cyber Defense Competition, the nation's largest cyber defense competition that puts high school and middle school students in charge of securing virtual networks. Over 4,800 teams registered this year, an outstanding achievement as the organization scrambled to work around COVID-related challenges.

LOCAL NEWS

Memorial Day was celebrated on May 31 at the Marion County Veterans Park. A few hundred people attended the memorial program that lasted about 50 minutes with music, guest speakers, prayers, a warbird flyover, and in memoriam presentation. The video can be seen on YouTube here:

https://www.bing.com/videos/search?q=ocala+m emorial+day+2021&docid=60800558210341176 7&mid=3E18EEF850821E74D5133E18EEF850 821E74D513&view=detail&FORM=VIRE.



Arnaldo Rodriquez made a Community
Partner presentation on May 18 to Dr.
Bhadresh Patel of Nature Health Associates.



The Marion County Veterans Council bus is now being renovated for use with Stuff the Bus and for other events. AFA Chapter 136 recently made a donation to help acquire the bus.



TEACHER OF THE YEAR

The chapter Teacher of the Year award was presented to Mr. Nic Ward (pictured far right) on May 25 at a teacher luncheon at Mojo's. Mr. Ward is a media and STEM teacher for K-12 students at First Assembly Christian School in Ocala. He has been teaching for 7.5 years. His subjects include cybersecurity, cybathletics, programming, web design, graphics ed, 3D design, and VR/AR. Chapter members Steve Spires and Dale Katz made the presentation after Christy Katz coordinated everything.



Principal Earlene Carte (pictured far right) holds the school's new AFA decal to be proudly displayed the next school year.



VA Healthy Teaching Kitchen Online Video (VVC) Cooking Classes

Mission: To create delicious, healthy, affordable, real food dishes safely while having fun!

* All classes below are currently offered through VVC (online video chat) format* All you need is an email address and access to the internet to attend these cooking classes!

Carbohydrate Conscious Cooking (Monthly)

Culinary nutrition education class featuring a review of nutrition guidelines for diabetes self-management with an emphasis on preparation of complex carbohydrates and meal balancing in various settings. Class meets monthly with a different topic each month. You may schedule as many or as few as you like.

*Class Duration: 1-1 1/2 hours

*Meets on the 2nd Monday of the month

05/10/21 - Monday 9:00am

06/14/21 - Monday 9:00am

07/12/21 - Monday 9:00am

08/09/21 - Monday 9:00am

Kitchen Basics (Monthly)

An introduction to basic cooking skills, strategies, and nutrition concepts to make routine home cooking easy, healthier, and manageable. Appropriate for those with minimal or no experience cooking, or those who simply want to learn tips and tricks for putting meals and snacks together more easily. Class meets monthly, with a different topic each month. You may schedule as many or as few as you like.

*Class Duration: 1-1 1/2 hours

*Meets on the 3rd Monday of the month

05/17/21 - Cancelled (NO CLASS)

06/21/21 - Cancelled (NO CLASS)

07/19/21 - Monday 9:00am

08/16/21 - Monday 9:00am

Fighting Cancer with a Fork (Monthly)

A step-by-step cooking and nutrition education class focusing on simple preparation methods and food selections to make eating easier while experiencing various symptoms of cancer treatment.

*Tuesdays (Dates specified below) at 1:30pm

*Class Duration: 1 hour

04/27/21 - Appetite Loss

05/25/21 - Constipation

08/24/21 - Diarrhea

09/28/21 - Nausea

10/26/21 - Mouth/Throat Soreness

Cook for Life (Weekly on Thursdays)

A cooking demonstration class covering various topics on healthy and delicious home food preparation and cooking techniques. Appropriate for anyone with a basic understanding of cooking. Different topics covered each week.

*Class Duration: 1 1/2 hours

*Meets Weekly: Every Thursday at 1:30pm

Healthy Teaching Kitchen Basics (6 Weeks)

A comprehensive nutrition-based cooking class covering the basics of healthy eating, food preparation and selection. Includes preparation of meals and snacks, planning, strategy, grocery shopping and mindful eating. Appropriate for all skill levels and anyone wanting to prepare food at home in a healthier manner. No experience needed. Please plan on committing to all 6 classes as it is taught as a series. *Class Duration: 1 ½ hours

*Tuesdays at 10:00am

Group series in August 2021:

Aug. 03, 2021 Aug. 24, 2021 Aug. 10, 2021 Aug. 31, 2021 Aug. 17, 2021 Sept. 7, 2021

Cooking for Whole Health (10 Week Series)

Discover how food and movement relate to each aspect of health and balanced living in this 10-week group series exploring the 8 spheres of Whole Health. This interactive series is taught by a registered dietitian and recreation therapist and includes mindful discussion, cooking, and progressive muscle relaxation. Please plan on committing to all 10 classes as it is taught as a series.

*Class Duration: 1 ½ hours *Wednesdays at 1:30pm

Group Series in January 2021:

Aug. 04, 2021 Sept. 08, 2021 Aug. 11, 2021 Sept. 15, 2021 Aug. 18, 2021 Sept. 22, 2021 Aug. 25, 2021 Sept. 29, 2021 Sept. 01, 2021 Oct. 06, 2021

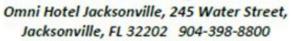
Please contact Melanya Souza, RD (352) 559-5961 with questions or to sign up for a class



Please mail this completed form and check to reach us by July 10, 2021. After that, call 904-724-8782



Air Force Association State Convention July 23-25





Omni Hotel Jacksonville	x \$96.0	00 =	Total
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River front view \$109 per nigh July 23(Friday nite)July 24(S	(at)	July 25(Sun)	Other circle dates)
One King Bed?Two			-
Registration (w/o hotel)	x \$112	.00 =	
(Includes Breakfast, Busnz Lunch & Dinn	ner) or	_	<u></u>
Satuday Continental Breakfast	x_	\$22.00 =	
Saturday Lunch (Business Mtg)_	x	\$35.00 =	
Saturday Dinner	x	\$55.00 =	
		Total	
For Early Birds - Thursd	av evenin	a Wine Sampli	ng/social (open) no cost
Saturday Menu choices: Lunch: Dinner: Roast Pork Loin Vegan Platers/Dinners a Note 1: Hotel rooms are per night, sin	vailable (on request	Taranta and the same of the
Truine			_
AFA Position			
Organization			
Phone			
Email			
Make checks payable to AFA	Chapter 3	99 with this form	mail to:
Ernie Webster, Treasurer			
1822 Brush Hill Road			
Jacksonville, FL 32211-49	24		
Telephone: 904-724-8782			

Cell or Text: 904 -445-8278

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The Air Force Association Mission

- 1. Educate the public about the critical role of aerospace power in the defense of our nation.
- 2. Advocate aerospace power and a strong national defense.
- 3. Support the Total Air Force and Space Force, including Active Duty, National Guard, civilians, families, and members of the Civil Air Patrol.

It's a Fact: Red Tail Memorial Chapter 136 draws members from eight counties: Citrus, Alachua, Marion, Sumter, Dixie, Levy and parts of Lake and Putnam. It is not necessary to be an Air Force veteran. Tell your friends to contact Howard Burke, 352-861-0886 for information about joining.

The Red Tail Report is a quarterly newsletter published by the Red Tail Memorial Chapter 136 of the Air Force Association; Ben Langer, president, 4005 N Hatchet Cir, Beverly Hills FL 34465, 352-527-2729; Stephen Spires, editor, 5800 SW 89th Pl, Ocala, FL 34476, 352-873-6159. The Red Tail Report is distributed electronically and upon request on paper via USPS.

Power Points

Next Membership Meeting
 July 15 Ocala Airport Terminal conference room. Members are urged to attend. Guests are always welcome.

Membership

As of May 20, the Red Tail Memorial Chapter 136 had 373 members. Howard Burke, 352-861-0886, is the chapter's membership director.

On April 20, the Air Force Recruiting Service released this design of the 2021 NASCAR Tuskegee Airmen paint scheme.

(Photo by MSgt Chance Babin)



COMMUNITY PARTNERS

Red Tail Memorial Chapter 136 salutes its Community Partners. The Air Force Association enjoys a warm relationship with the following businesses through its Community Partners program. Please support these local businesses.

Rob's Hobby World

8602 SW Highway 200 Ocala, FL 352-854-2799

Unique Auto Repairs

3171 SW 143rd PI Rd Ocala, FL 352-245-6976

Dr. Anwar Khan

Alliance Medical Associates

Board Certified Internal Medicine

1800 SE 17th St 10969 SE 175th Place Bldg. 800, Ocala, FL Suite 200, Summerfield, FL

352 622-7268

Nature Health Associates

Dr. Bhadresh Patel 3775 N Lecanto Hwy Beverly Hills, FL

Grand Living

850 W Norvell Bryant Hwy Hernando, FL 352-263-9404

Chiropractic USA of Jasmine Square

Dr. Renny Edelson 7668 SW 60th Ave #500, Ocala, FL 352-346-2523

Central Florida Eye Institute

Dr. Thomas Croley
3133 SW 32nd Avenue, Ocala, FL
352-237-8400

Would you like to become an Air Force Association member or community partner? You will be supporting an association that supports airpower, the U.S. Air Force, its mission, and personnel worldwide. If you or your business would like to become a member of the AFA or community partner, contact Howard Burke, 352-861-0886.



U.S. postage required

